

West Roxbury's Dr. Kishore honored by American Society of Addiction Medicine

Wicked Local West Roxbury/Roslindale

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West Roxbury — Dr. Punyamurtula S. Kishore, president of Preventive Medicine **Associates** Inc., a group of family practices located throughout Massachusetts, was elected as a Fellow to the American Society of Addiction Medicine during the Annual Awards Luncheon on April 17 in San Francisco, Calif. West Roxbury Wellness Center, 1208B VFW Parkway is part of the PMAI group.

Fellows of ASAM exhibit dedication to improving the **treatment of alcoholism** and other addictions, educating physicians and medical students, promoting research and prevention and enlightening and informing the medical community and the public about these issues. They have made major contributions to the quality of American medicine, as well as the promise of improving and advancing many aspects of the nation's health.

“The American Society of Addiction Medicine has always stressed the importance of educating the public about addiction prevention and treatment,” said Kishore. “It has been my lifelong practice at Preventive Medicine Associates to help my patients not only fight their addictions, but also to help them understand the importance of a **lifestyle change** in their journeys to remain sober. It is a great honor for ASAM to recognize the work my staff and I have set out to accomplish at PMAI.”

Kishore has been a practicing public health scientist for more than 30 years when he began his work as the medical director at the Washingtonian Center for Addictions in 1978. At Preventive Medicine Associates Inc., Kishore treats addictions with his “sobriety maintenance” method, which is a unique health model that stresses the prescription of non-toxic substances, provides patients with coping skills they need to remain sober and tailors treatment to specific medical conditions.

In addition, Kishore also administers “de-addiction” treatment, a process that treats emotional addiction as well as the physical addiction. Patients have access to home detoxification, an inexpensive and more effective option to in-patient care which allows them to maintain their dignity while learning how to cope with the temptations found in their own environments.