



**MMS  
AWARDS PROGRAM**

**Nominee's Name:** Dr. Punyamurtula Kishore, M.D., M.P.H.

**AWARD**

- Lifetime Achievement Award
- Special Award for Excellence in Medical Service
- Award for Distinguished Service to the Massachusetts Medical Society
- Henry Ingersoll Bowditch Award for Excellence in Public Health
- Grant V. Rodkey Award

Submitted by: Dr. William M. Burke, M.D.

Endorsement Letters by: Dr. Leonard J. Morse, M.D.

Dr. Guenter Spanknebel, M.D.

**Address of Nominee:** 535 Clinton Road

Chestnut Hill, MA 02467

**MD Degree:**

School:

Andhra University, Waltair, India

Doctor of Medicine, 1974

**Specialty and Board Certificate:**

Specialty - Preventive Medicine and Public Health

Certificate - Addiction Medicine

**Birth Information:**

Place: Kakinada, India      Year: 1950

**MMS Membership:**

Yes

No

Principal Professional Memberships and Faculty Appointments  
*(list position held and dates)*

**Memberships and Committee Assignments**

American Medical Association  
1992 - Present

Massachusetts Medical Society  
1978-Present

American College of Occupational Medicine  
1988-Present

American Society of Addiction Medicine  
1986-Present

American College of Preventive Medicine  
1988-Present

American College of Physician Executives  
1986-Present

American College of Allergy and Immunology  
1987-Present

Substance Abuse Prevention Institute of Springfield  
2007-Present

Primary Care Clinician Plan Advisory Committee  
2002- Present

**Faculty and Hospital Appointments**

Lecturer, Northeastern University, Boston, MA  
1988-Present

Instructor, Department of Medicine, Harvard University, Boston, MA  
1997-1998

Field Instructor, Substance Abuse Internship Program, University of  
Massachusetts, Boston, MA  
1997-2001

Assistant Professor, Family Medicine, University of Massachusetts  
Medical School, Worcester, MA  
1992-1995

Instructor in Community Medicine, COPC, Carney Hospital, Dorchester,  
MA  
1991-1994

Faculty Associate, Simmons College, Boston, MA  
1982-1983

Research Associate, Department of Preventive Medicine and Clinical  
Epidemiology, Harvard Medical School, Boston, MA  
1981-1987

Visiting Lecturer, Department of Behavioral Sciences, Harvard  
University, Boston, MA  
1981

Courtesy Physician, Mercy Hospital, Springfield, MA  
9/2006-Present

Courtesy Physician, Holyoke Hospital, Holyoke, MA  
2/2005 -Present

Consultant, Merrimack Valley Hospital, Haverhill, MA  
1/2005 - Present

Attending Physician, Walden Behavioral Care, Waltham, MA  
11/2004 -Present

Courtesy Physician, Heywood Hospital, Gardner, MA  
3/2004 - Present

Courtesy Physician, Hubbard Regional Medical Center, Webster, MA  
1/2004 - Present

Attending Physician, Baldpate Hospital, Georgetown, MA  
1/2003 - Present

Consulting Physician, Jewish Memorial Hospital, Boston, MA  
2001-2003

Attending Physician, Boston Medical Center, Boston, MA  
1997-2002

Consultant, Lemuel Shattuck Hospital, Jamaica Plain, MA  
1996-2007

Medical Consultant, Bournewood Hospital, Brookline, MA  
1996-2001

Courtesy Physician, Beth Israel Deaconess Medical Center, Boston, MA  
11/1995 -Present

Attending Physician, Brigham & Women's Hospital, Boston, MA  
1995-1997

Courtesy Physician, Faulkner Hospital, Jamaica Plain, MA  
4/1994 – Present

Active Physician, St. Elizabeth's Hospital, Brighton, MA  
2/1994 – Present

Consulting Physician, Caritas Carney Hospital, Dorchester, MA  
10/1993 – Present

Associate Physician, Arbour Hospital, Jamaica Plain, MA  
1992-2003

Consulting Physician, Morton Hospital, Taunton, MA  
3/1993 – Present

#### Principal Honors

"D. Elton Trueblood Community Builder Award", Fresh Start Recovery  
Coalition  
11/2007

"Compassionate Caregiver" Award (Honorable Mention),  
The Kenneth B. Swartz Center  
9/2006

"Thirty Extraordinary Bostonians" Award  
3/2005

Boston Celtics, "Heroes Among Us" Award  
11/2004

Marquis "Who's Who in the East"  
1996

AMERSA Best Abstract Award and Prize, Bethesda, MD  
"Home detoxification for substance abuse"  
11/1994



**Sponsor's Narrative Statement**

It is with great please that I sponsor Dr. Punyamurtula S. Kishore for this year's Massachusetts Medical Society Henry Ingersoll Bowditch Award for Excellence in Public Health. Over the past six years, I've gotten to know and work with Dr. Kishore in one of his many offices across the state, leaving me with a life changing outlook on the world of addiction. It has been an honor and privilege to work for a man whose wisdom, insight, passion and knowledge has saved the lives of so many.

For the past 30 years, his compassion and unwavering dedication has made him an invaluable icon in the field of public health. His emphasis on preventive medicine in his outpatient clinics has given struggling addicts the chance to receive individualized competent medical care, providing them with the necessary tools to maintain a healthy recovery. Dr. Kishore has made us all understand that there is a bigger picture beyond just the addict alone. He has taught us that the medical providers, family and friends working as a unified team is an essential resource in treating addiction, offering patients a sense of safety, support and understanding throughout this often difficult journey.

In an often selfish world, Dr. Kishore has carried out the selfless mission to better the lives of all people, old and young, rich and poor, homeless and not, who are afflicted with the painful devastating disease of addiction. He has been a pioneer in shedding light on this growing epidemic in Massachusetts, educating those in the health care community and beyond, on a quest to provide an opportunity for lifelong sobriety.

Sincerely,  
Andrea Martinello  
Woburn Family Practice

**Sponsor's Narrative Statement**

I wish to recommend Punyamurtula S. Kishore, MD, MPH as a candidate for this year's Massachusetts Medical Society Henry Ingersoll Bowditch Award for Excellence in Public Health.

I first met Dr. Kishore seventeen years ago while he was a fellow in the Community Oriented Primary Care (COPC) Program with the Center for Community Responsive Care (CRC) at Carney Hospital. I was his faculty advisor during his practicum program. Over the past eight years I've worked with him at both the National Library of Addictions and his clinical practice, Preventive Medicine Associates.

He completed his residency and fellowship in Preventive Medicine at Carney Hospital in 1994. The program's curriculum introduced him to the principals of both CRC and COPC. Following his fellowship he established Preventive Medicine Associates around these principals.

He went into practice in Brighton, MA and included a small library to host community meetings. Today, the library is known as The National Library of Addictions, which provides public health education in communities. His practice has grown into a statewide program becoming an integral part of the communities.

Dr. Kishore has a holistic view of healthcare and has worked for more than 30 years with a challenging group of patients. He helps patients with legal, social, employment, and family problems. He effectively combines a part-time Preventive Medicine practice with an innovative primary care practice.

Dr. Kishore also serves on the Primary Care Clinician Plan Advisory Committee to help plan the care of Medicaid clientele and evaluate the health care needs of the addicted community. In addition, he works with the University of Massachusetts in helping to obtain disability data and also works as a consultant with Disability Determination Services to review cases pertaining to homelessness, addiction, mental illness and occupational disability.

The reasons for this recommendation are twofold. Primarily, Dr. Kishore has established a strong statewide Public Health Practice impacting communities from Pittsfield to Cape Cod. Secondly, and most importantly, he did this without any state or federal grants or charities.

Dr. Kishore's practice is a remarkable innovation which delivers cost effective, unbiased and equal treatment to the medically underserved population.

Sincerely,

William M. Burke, MD



Dr. Punyamurtula S. Kishore, M.D., M.P.H.  
(nominee name)

**Endorsement I from an MMS Member**

Dear Colleagues,

It is my pleasure to place the name of Punyamurtula S. Kishore, MD, MPH into consideration for the 2009 Henry Ingersoll Bowditch Award for Excellence in Public Health.

I have known Dr. Kishore for many years. He has dedicated his professional career to the terrible scourge of drug addiction. Presently Dr. Kishore and colleagues oversee approximately twenty offices throughout the Commonwealth of Massachusetts for educating, diagnosing, counseling, treating and rescuing people trapped in the web of drug addiction.

Dr. Kishore was born and raised in India. After receiving his MD degree from Andhra University in 1974 he did post graduate study as Resident in Surgery at the All India Institute of Medical Sciences, New Delhi. He then came to the United States and earned a MPH at Harvard University School of Public Health. Dr. Kishore completed a residency in Preventive Medicine at the Carney Hospital before embarking in the practice of Addiction Medicine. He is certified by the American Board of Addiction Medicine and is or has been on the clinical faculty of Harvard University, Simmons College and the University of Massachusetts Medical School. He has at one time or another served on the hospital staffs of nineteen Massachusetts Hospitals.

Drug addiction is a preventable malady and a dreadful illness in our society. I think it is most commendable for a physician to concentrate his or her effort not only to treat, but strive to restore those afflicted. Dr. Kishore's outreach overseeing approximately 15 offices equates to an institutional effort. Dr. Kishore does it with modesty and humility. His gentle demeanor complements his effectiveness.

I recommend Dr. Kishore for the 2009 Henry Ingersoll Bowditch Award of Excellence in Public Health. His unique background, scholarly pursuit, obvious compassion, very broad service arena and sympathetic tolerance for those afflicted by drug addiction places him on a most deserved list.

Sincerely yours,

Leonard J. Morse, MD  
Commissioner of Public Health, City of Worcester



**Endorsement II from an MMS Member**

It is with great pleasure and enthusiasm that I submit this letter of support for Dr. Punyamurtula S. Kishore who is being nominated for the Henry Ingersoll Bowditch Award for Excellence in Public Health. I have come to know Dr. Kishore over the past several years as a caring, hardworking physician who has dedicated his life not only to helping individual patients but also expanding his role as a physician into improving public health in general. With his impressive medical education background both in India and the United States, and emphasis on post doctoral training, he has accomplished to build the foundation for his subsequent success that brought him honors, certifications, degrees, and leadership positions that helped him to build up a vast network of primary health care facilities with emphasis on the treatment of patients afflicted with the disease of addiction. He loves to teach and his audience loves to hear him. Our Continuing Medical Education program has invited him to be a monthly speaker addressing diagnosis, treatment and health maintenance of patients with addiction problems. The rising number of attendings coming to his lectures indicates to me that there is still a great need for physicians to learn about the problem of addiction.

As you may know, Dr. Kishore is the founder and President of the National Library of Addictions. He is also the President of Preventive Medicine Associates, a group of family practices located throughout Massachusetts dedicated to improving health through education and promotion of healthy lifestyles.

To summarize, I believe that Dr. Kishore has identified the need for patients as well as physicians to know more about addiction and through his non-threatening, humble leadership he has succeeded not only to destigmatize addiction but also to bring patients into good health care maintenance facilities with dedicated primary family practice physicians thereby improving public health in general. I can think of no other individual in our medical community who would be more deserving of this award than Dr. Kishore and I hope that all of you will agree with me.

Sincerely,  
Guenter Spanknebel, MD  
Director, Continuing Medical Education  
UMass Memorial Medical Center – Memorial Campus  
Assistant Dean for Continuing Education, UMass Medical School  
Associate Professor of Internal Medicine, UMass Medical School

**Endorsement II from an MMS Member**

When I attended Leadership and Legislative Committee meetings a discussion surfaced about a doctor who was starting a 'home detoxification' and office addiction practice in the Brighton-Allston area. The group consensus was that:

- (1) this would never last
- (2) his patients would steal his supplies and
- (3) bringing this clientele into his practice would drive away socially acceptable patients.

Twenty-five years later, it's my privilege to nominate this same man for the Henry Ingersoll Bowditch Award for Excellence in Public Health.

Dr. Kishore spent the intervening years quietly proving that to treat addiction and help recovering patients become solid citizens again is to involve them and their support structure in the maintenance of sobriety and healthy living. By caring for the whole person, both mind and body, he bridged the gap between 'detoxification' and daily living. Dr. Kishore has collected and analyzed his data since he began his practice and now uses it to educate his colleagues in approximately 20 offices throughout Massachusetts. I can attest to the validity of his work and the dedication of his staff.

Further, Dr. Kishore established a National Library of Addiction Medicine with a growing bibliography available to anyone interested in or working with addiction medicine.

Dr. Kishore should receive this award because he recognized a need in Public Health that was being inadequately met then developed a replicable treatment plan that's effective in meeting that need. He's used this plan himself and taught it to others and thanks to the National Library of Addictions this information is widely accessible.

Sincerely,  
William E. Callahan, M.D.